

Inter-cultural prayer service held at MOT

An inter-culture prayer service in recognition of Asian/Pacific American Heritage Month was held at the Main Outdoor Theater (MOT) Sunday, May 12. Edward Chew led off the service with a solo of "Lead Me Lord". The service was also highlighted by a series of cultural petitions led by: Chief Warrant Officer Leo Mendoza (Tagalog); Myong Pang (Korean); Petty Officer Second Class Kathryn Hoshii (Japanese); Senior Chief Petty Officer Olarn Omune (Thai); Ens. Tri Pham (Vietnamese); Chew (Chinese); and NSF Command Master Chief John Huber (Indian).

Navy reenlistment rates improving

By Chief of Naval Personnel Public Affairs

WASHINGTON (NNS) – In recent testimony to the Senate Armed Services committee, Vice Adm. Norb Ryan, Chief of Naval Personnel, indicated that the Navy is making progress in efforts aimed at winning the "war for talent."

According to Ryan, more Sailors are making the decision to "Stay Navy" as a result of "positive and personalized leadership, mentoring of juniors, and a variety of other targeted initiatives and programs." These successes are evident in recent statistics showing significant increases in the numbers of Sailors reenlisting and fewer separating at the end of obligated service.

Thus far for the fiscal year, Navy reenlistment rates across all terms of service are up 6.4 percent from the same time last year. The increase in the number of Sailors who decide to reenlist can be attributed to the combined effects of leadership, involvement in professional development, expanded reenlistment bonuses, enhanced special and incentive pays, increased advancement opportunity and significant quality of service improvements.

These gains have resulted primarily from reenlistments under the Selective Reenlistment Bonus (SRB) program, which continues to be the Navy's most cost effective and successful retention and force-shaping tool. Retaining experienced and trained Sailors for longer periods of time increases stability in the force and lessens the requirement for new accessions. Based on these positive retention trends allowing a better balance between recruiting and retention efforts, the Navy recently reduced its FY01 recruiting accession mission by 1,348 to an overall goal of 55,000 accessions.

Beyond expanding the SRB program, the Navy's recent retention investments include efforts by the Center for Career Development in providing the fleet with the tools necessary to enhance retention efforts; the Detailer Communication Initiative, a proactive contact strategy where detailers initiate early and frequent contact with Sailors and their respective command career counselors to discuss future assignments and options; and increased enlisted advancement opportunity resulting from expanding authorization for mid-grade petty officers to more closely match fleet requirements.

"In order to maintain the momentum we have begun to observe in most areas," said Ryan, "we need the support of Congress to continue leveraging our recent successes, capitalizing on the commitment of Navy leadership, innovative recruiting, and retention and attrition-reducing programs."

For more information contact Cmdr. Betsy Bird at (703) 614-2000.

Health Corner

You can quit smoking, and here's how

By Lt. Barbara Whiteside Health Services Department

If you are a smoker and have ever tried to quit smoking, you know how hard it can be to kick the habit. It's so hard because nicotine is such an addictive drug and the habit of smoking has such a powerful psychological addiction.

Quitting a smoking habit has been compared to trying to kick a heroin or cocaine addiction. Usually smokers make three or four attempts, or more, before they finally stop smoking for good. That's why it's so important for you to have a plan before you stop smoking to increase your chances of success.

Here are some tips that will be helpful to you in the challenge to quit the smoking habit!

First, pick some good reasons for quitting. Quitting smoking is one of the most important things you will ever do for yourself and your family. Some helpful reasons to quit smoking would be:

- ✓ you'll live longer and healthier;
- ✓ quitting smoking will significantly reduce your risk of having a heart attack, stroke or cancer;
- ✓ the people you live with, especially your children, will be healthier;
- ✓ you'll have extra money to spend on things other than cigarettes; and
- ✓ if you are pregnant, quitting smoking will improve your chances of having a healthier baby.

So, now that you have your reasons for quitting. Put together a plan for yourself to quit smoking!

• Get ready!

- ✓ Set a quit date. Pick out a specific day to quit smoking and don't smoke from that day on.
- ✓ Get rid of all the cigarettes and ashtrays in your home and workplace.
- ✓ Review your past attempts at quitting. Think about what worked and what didn't.

2 Get support and encouragement.

- ✓ Tell your family, friends, and co-workers that you are quitting and want their support.
- ✓ Talk to your healthcare provider about quitting smoking.
- ✓ Find a friend who will quit with you and provide each other with support.

3 Learn new skills and behaviors.

✓ Learn to distract yourself when you feel the urge to smoke by exercising, talking, working on a new task or more

9 When you first try to quit, change your habits and routines that lead you to smoke.

- ✓ If you always have a smoke with your morning coffee, then try drinking tea instead of coffee.
- ✓ Find ways to reduce stress in your life. Exercise, take a hot bath, meditate or just read a good book.

6 Get medication and use it correctly.

✓ Talk to your healthcare provider about medications that can help you stop smoking and lessen the urge to smoke, like the nicotine patch or the drug Wellbutrin that can decrease the urge to smoke.

6 Be prepared for relapse.

Most relapses occur within the first three months after quitting. Don't be discouraged. Remember that many people try several times before they stop smoking for good. Here are some difficult situations to watch for:

- Alcohol. Avoid drinking alcohol. It impairs judgment and you may decide to start smoking.
- ✓ **Other smokers**. Being around other smokers will make you want to smoke.
- ✓ **Stress, bad moods or depression**. Remember there are lots of ways to reduce stress and improve your mood other than smoking.
- ✓ Weight gain. Many smokers gain weight when they stop smoking. So, eat a healthy diet and remain active when you stop.

So, if you want to quit, use these helpful tips. Remember, quitting takes lots of hard work and effort, but you can do it!

Eye doc appointments still available at HSD

The Health Services Department (HSD)still has a few remaining appointments for the optometrist onboard through May 18. HSD is giving priority to those service members who are currently having vision problems due to diabetes, hypertension, or glaucoma.

To make an appointment or for more information, call the Health Services Department at 370-4211/12.

Channel 8 news now airs at a different time

The Naval Media Center Broadcasting Detachment Diego Garcia has changed the time their local newscast airs on Channel Eight. The newscast began airing at 1500 and 1900, vice 1520 and 1920, on May 7. The new time reflects airtimes of local newscasts throughout the Pacific region.

Chaplain's Corner

Do you know who's packing your parachute?

By Lt. Cmdr. Ted Crandall, CHC Religious Ministries

What's the name of the guy who cleans your toilet? Does it matter?

Consider this:

Charles Plumb, a U.S. Naval Academy graduate, was a jet fighter pilot in Vietnam. After 75 combat missions, his plane was destroyed by a surface-to-air missile. Plumb ejected and parachuted into enemy hands.

He was captured and spent six years in a Communist prison. He survived that ordeal and now lectures about what he learned from that experience.

One day, when Plumb and his wife we're sitting in a restaurant, a man at another table came up and said, "You're Plumb! You flew jet fighters in Vietnam from the aircraft carrier Kitty Hawk. You were shot down!"

"How in the world did you know that?" asked Plumb.

"I packed your parachute," the man replied. Plumb gasped in surprise and gratitude. The man pumped his hand and said, "I guess it worked!"

Plumb assured him, "It sure did – if your chute hadn't worked, I wouldn't be here today."

Plumb couldn't sleep that night, thinking about that man. Plumb said, "I kept wondering what he might have looked like in a Navy uniform – a Dixie cup hat, a bib in the back, and bell bottom trousers. I wondered how many times I might have passed him on the Kitty Hawk. I wondered how many times I might have seen him and not even said, 'Good morning, how are you?' or anything at all, because, you see, I was a fighter pilot and he was just a Sailor."

Plumb thought of the many hours the Sailor had spent on a long wooden table in the bowels of the ship, carefully weaving the shrouds and folding the silks of each chute, holding in his hands each time the fate of someone he didn't know.

Now, Plumb asks his audience, "Who's packing your parachute? Everyone has someone who provides what he needs to make it through the day."

Who presses your uniforms? Who cooks your food? Who cleans your teeth? Who rakes your lawn? Who drives your bus? Who refuels your plane? The list goes on and on of all the many people we depend on to get through the day and do our own part.

None of us is an island. We all depend on each other: "One Island, One Team, One Mission." And don't forget to say thank you!

Air Force Master Sergeant re-ups for six years onboard USNS ship

Submitted by Det. 1. 13th AF (PACAF)



On Thursday morning, May 3, as the morning sun sparkled off the water's surface in Diego Garcia's lagoon, Master Sgt. Bob Green, Chief of Civil Engineering for Det. 1, 13th AF (PACAF) reenlisted onboard the USNS *Red Cloud*.

A group of 23 PACAF, Air Mobility, Space Command and Base Operating Support contractor (DG-21) representatives, were onboard for the ceremony, hosted by Commodore Phillip LaMonica. Maj. Robert "Hoot" Gibson, former PACAF Commander, administered the oath of enlistment. Col. Carol King, Commander, 13th Air Force Logistics, was in attendance.

To mark the ceremony, LaMonica presented Greene with the ship's

squadron coin, ball cap, and brochure.

During Greene's remarks after the ceremony, he told those in attendance that he selected the *Red Cloud* as the location for his reenlistement to honor a respected friend currently assigned to Misawa AB, Japan.

According to Greene, after he learned about Medal of Honor recipient Army Cpl. Mitchell Red Cloud's honor and dedication — making the ultimate sacrifice during the Korean War — he chose this ship to honor the professionalism of his friend Senior Master Sergeant Dan Red Cloud, a relative of Army Cpl Dan Red Cloud, a Medal of Honor recipient during the Korean War.

After the ceremony, LaMonica led the party on a ship's tour. As the group traversed the ship's 950 feet, LaMonica detailed the vessel's history, mission, and capabilities.

Master Sergeant Bob Greene takes the oath of enlistment from Maj. Robert "Hoot" Gibson onboard the USNS Red Cloud, May 3, 2001. Greene chose the Red Cloud to honor his close friend, Senior Master Sgt. Dan Red Cloud, a relative of Army Cpl. Dan Red Cloud, a Korean War Medal of Honor recipient.

The Legal Pad

Confidential crime line now available

Submitted by the BIOT Police

Island residents with information on crimes that have been committed are encouraged to use a new phone number if they would like to report the incident, even anonymously if they so choose.

Residents can leave a recorded message at 370-3970.

The number is connected to a recorded messaging service, and is available 24 hours a day. It has been established in direct response to concerns that have been made by the local community.

BIOT police have learned that certain crimes have not been reported to the police, whether it was due to the sensitive nature of the offense, or a wish to not become directly involved.

This new service will hopefully allow information to be forwarded to the relevant people so action can be taken. This will allow a more encompassing police service to be provided for all islanders.

The number is to be used only for the relaying of information relating to any illegal activities occurring on the island. It is an opportunity to help improve the quality of life for everyone on Diego Garcia.

BIOT to auction found property

Submitted by the BIOT Police

The following is a list of found property held at the BIOT Police station. These items have not been claimed by their original owners, and as such, the items are to be auctioned off.

The auction will be in the form of a sealed bid. A piece of paper with your details, the item description and the amount you would be willing to pay for it, should be placed into a sealed envelope. They should be dropped off with the BIOT Police no later than June 15.

All envelopes will be opened on June 16, and all high bidders will be contacted.

All items are also available for viewing at the BIOT Police station.

One silver and gold men's "Sekonda" watch with metal bracelet
One metal "Aka Alba" men's watch
One pair, gold rimmed glasses
One blue, Highland ruck sack
One white metal bracelet with the name "Duckie"
One gold bracelet with the name "Daniella"
One pair reflective sports sunglasses
One pair Oakley sunglasses
Two \$30 phone cards
One black umbrella
One holographic framed picture of a clown
One Canon "Snappy" camera, w/case

Yokota AB runway to be resurfaced; Space-A, other flights to be affected

By Lt. Cmdr. R. P. Wilson Transportation Officer, CFWP N414

The runway at Yokota Air Base (AB) is scheduled for resurfacing with work beginning October 1, 2001, and an estimated completion date of June 1, 2002. The following are specific details and a summary of the Air Force's "Concept of Operations" during the closure period:

C-130, L-100, and C-17 missions will continue flying out of Yokota;

All 747 and C-5 missions will fly through Kadena vice Yokota. Air evacuation missions will originate at Kadena vice Yokota:

Yokota Patriot Express missions will be canceled during the closure. Official travel, both inbound and outbound, in regards to the Kanto Plains will be handled by commercial means;

Patriot Express missions with the current routing of L.A. – Seattle – Yokota – Iwakuni – Misawa – Seattle – L.A. will be routed L.A. – Seattle – Misawa – Iwakuni – Misawa – Seattle – L.A. during the closure.

Patriot Express missions with the current routing of L.A. – Seattle – Yokota – Kadena – Seattle – L.A. will be routed L.A. – Seattle – Kadena – Seattle – L.A. during the closure.

Indian Ocean Frequency Channel KC-10 missions will originate at Kadena vice Yokota during the closure.

Indian Ocean Frequency Channel DC-8 Combi missions will originate at Kadena vice Yokota during the closure.

In short, all of the above means significantly reduced opportunity for space available travel originating or concluding at Yokota AB. Although C-17 operations will remain at Yokota AB during the closure, there will be extremely limited seating capacity since these missions will be used to shuttle cargo between Yokota/Kadena/United States.

More information will be provided as it becomes available.

Embassy won't forward U.S. Govt. checks June 1

Submitted by PSD Diego Garcia

Beginning June 1, the American Embassy in the Philippines will no longer be able to forward U.S. Government checks. Any checks received after this date will be returned to the issuing agency.

It is highly recommended that military members who have existing allotments mailed to the Philippines change their allotments to Direct Deposit (DD) or Eletronic Funds Transfer (EFT).

Navy personnel should stop by PSD and ask for a list of U.S. banks that will electronically transfer funds to Philippine banks. Other services need to contact their respective Personnel/Finance office in this matter.

For more information contact PSD Customer Service Section at 370-3657 or email dgcustomer@psapac.navy.mil.

The Right Spirit

Should we ruin this individual's career?

By CTMCS Darril R. Gibson $DAPMA\ Norfolk$

Skipper, this is truly an isolated incident," said the Command Master Chief (CMDMC). "This man has been an outstanding Sailor and I hope we keep this in mind no matter what we do."

"Yes, do we really want to ruin this man's career for an isolated incident?" said the XO, anxious to speak up for one of his top Sailors.

"But can we ignore the fact that this was serious and lives could have been lost?" The CO spoke with authority, but in posing it as a question, others understood that discussion was still welcome.

The Operations Officer spoke up: "It's not like anyone died. No one was even hurt."

"I'm not condoning what he did," said the CMDMC, "but I think there is the potential to blow it out of proportion. Some people have even been suggesting we send him to medical for an evaluation, but I think he's in enough trouble already. He was arrested and faces civil prosecution. We don't need to add to his problems."

"Sir, there aren't even any instructions dealing specifically with a case like this," the Bull Ensign almost shouted. "It's not a problem to 'big Navy' and it shouldn't be a problem to us."

"I think I've heard enough," said the CO. "I don't want to lose a good Sailor either. He's been a superb Sailor and he deserves our support. He'll face civil prosecution but we won't cause him any more problems."

Is this conversation insane? You may think so if you know what the Sailor has done.

Sober, he grabbed a gun, took it to a local park and shot wildly, inadvertently hitting a trash can by a group of people. Terrified, the crowd ran toward the woods. He ran after them, laughing, shooting over their heads. His gun jammed and while he was working with it, the police arrived and arrested him.

Now consider the comments of the command personnel. They weren't talking about driving under the influence (DUI) as you may have thought.

Not the same, you say? You're right.

DUI accounts for over 14,000 deaths on the roads in the United States. So in fact, DUI is worse. So much so that the Secretary of the Navy has said, "I consider any drunk driving offense to be a substantial failure in judgement, behavior and leadership" (ALNAV 080/96). This was further amplified in SECNAVINST 5300.29 (Nov 97).

Yet, some command personnel think that holding Sailors accountable for DUIs according to current Navy instructions is too harsh. Further, they don't even want to get them help that could save their life. Our Sailor with the gun clearly needs help. Would they consider denying it to him?

Why do we send Sailors to medical (via the DAPA) after a DUI? To get them help.

Perhaps a few hours of preventive education will help ensure the incident isn't repeated. Or perhaps this DUI is a symptom of a serious problem with alcohol that will only get worse without treatment.

Most people wouldn't think of diagnosing the Sailor with the gun; we'd send him to the professionals. With all we know about DUIs today, the drunk driver may need a professional too.

Is this the first time they drove under the influence? Probably not. National studies indicate drivers typically drive between 200 and 1000 times under the influence before getting caught. A DUI is *not* an isolated incident.

The idea of someone shooting up a park is insane. For most Sailors today, the idea of someone drinking and driving is just as insane. It's old thinking in a Navy engulfed in change – positive change.

NSF Captain's Call answers listed

Submitted by CMDMC(SCW/SW) John Huber NSF Command Master Chief

The following is a partial listing of questions and answers from the most recent NSF Captain's Call, held in April. More questions and answers will be printed in future editions of the *Tropical Times*.

Q. TV programming - too many kids shows.

A. We receive the same programming that Japan receives and our Media Center cannot change the programming.

O. Can the Community Bank carry Singapore dollars and Japan's yen for personnel going on leave or TAD?

A. Only DOD can authorize an increase in services by Community Bank. We will submit a point paper through CNFJ requesting the modification at the next contract negotiations.

Q. Washers staining clothes – uniforms and civilian.

A. Report all stains to billeting so they can monitor the machine. Claims can be filed through Legal for reimbursement.

Q. Bluejacket HARP Duty for those with no high school diploma.

A. One requirement of Blue-Jacket HARP Duty is to be a high school graduate. We want you to return to the school you graduated from to "connect" with the students

Q. Post Office manning.

A. The Supply Department is working with detailers to fix the manning shortage. We are looking at possibly sending personnel TAD from other departments until more Postal Clerks arrive.

O. Is the manning at security being addressed?

A. Manning for each department within the command is addressed monthly.

Celebrate your birthday at the galley!

Capt. James H. Patrick, Naval Support Facility Commanding Officer helps two Diego Garcia Sailors cut the birthday cake at the monthly birthday dinner sponsored by the Diego Garcia Combined Dining Facility. The dinners are held on the second Wednesday of every month, from 1830 to 1930, and include a special menu - usually steak and either lobster or crab legs. Attendees are required to sign up a couple of days prior to the meal and can do so with the cashier in the dining hall. The next birthday meal is scheduled for Wednesday, June 13.



Armed Forces Week messages from the President, SecDef



I am proud to offer my sincere thanks during Armed Forces Week to the brave men and women who protect our nation.

During the past several months, I have been privileged to witness personally the depth of your dedication and the strength of your character. The professional manner in which you conduct your duties, your can-do spirit, and your sense of patriotism, all reflect the fact that our Armed Forces are second to none in the world.

In a world of both existing and emerging threats, you provide a strong and steady defense. Because of you, America is a secure nation where our citizens can hope, dream, and live their lives in freedom.

My office holds no greater honor than to serve as your Commander-in-Chief. On behalf of all Americans this Armed Forces Week, I salute you for the tremendous contributions you make to our nation's defense. You are guardians of peace and liberty, and have the thanks of a grateful nation. May God bless you all.

-George W. Bush

Each year, America sets aside a day to commemorate the devotion of our men and women in uniform – the certain foundation of the liberties and peace that we have enjoyed throughout the history of our nation.

Yours is a calling distinct and unique, for you voluntarily put your lives at risk defending the freedoms we hold dear. Indeed, in peacetime or in war, as you work to keep us safe, you assume risks many will never know. And wherever it is that you serve – in any sky, on any ocean, on any shore – your dedication to our nation's ideal of "peace through strength" is a source of hope and inspiration for liberty-loving people around the globe.

In his inauguration address, President George W. Bush spoke about civility, courage and character – qualities that make this nation special – and he reminded Americans that the strength that matters most is not the strength of arms, but the strength of character expressed in service to something larger than ourselves. This strength of character infuses you, our military men and women, and, as such, you are this nation's ultimate safeguard and blessing.

On this Armed Forces Day, the American people join me in expressing our deep gratitude to you — patriots who embody the noble spirit of service and sacrifice as you preserve the blessings of our freedom every day. We thank you, and we are enormously proud of your faithful and selfless service.

-Donald H. Rumsfeld

Thrift savings plan offers greater opportunity to save for future

By Chief of Naval Personnel Public Affairs

WASHINGTON (NNS) – Military members will soon have the opportunity to add to their retirement savings with the start of the Thrift Savings Plan (TSP) "open season" to begin this fall.

"The Navy decided to participate in the Thrift Savings Plan because it is the right thing to do for our military members," said Chief of Naval Personnel, Vice Adm. Norb Ryan.

Any member of the uniformed services serving on active duty, and any member of the Ready Reserve in any pay status, may participate in the Thrift Savings Plan, a government retirement and investment program meant to encourage voluntary personal savings. TSP is not a replacement for the 20-year retirement plan already in place, but a supplemental investment plan similar to "401K" plans offered by civilian corporations.

The "open season," when Sailors will be able to enroll, is 60 days long with the first scheduled "open season" to begin October 9, 2001 through December 8, 2001. Anyone already in the Navy that doesn't enroll during this period will have to wait for the next semi-annual 60-day "open season" to enroll. New accessions will be able to enroll during initial training. Active duty Sailors that take advantage of the initial enrollment season will begin to see TSP deposits from their pay account on January 1, 2002.

In the past, TSP investments were limited to 5 percent of base pay, but recent changes in TSP law has increased the base pay investment limit to 6 percent in 2001 with a one percent increase every year until 2006 when the cap is eliminated. IRS law limits annual tax-deferred contributions to \$10,500 in 2001. Non-taxable contributions from Combat Zone Tax Exempt Pay and Hazardous Pay are not subject to the \$10,500 limit, however, IRS law does impose a limit of 25 percent or \$35,000 (whichever is less).

Service members will have five investment options to choose from. They vary in associated risk and anticipated percentage earnings. Sailors should be reminded that the TSP is a retirement account and the money can't normally be withdrawn, without penalty, until you reach the specified age (currently 59 1/2) in TSP law.

"I would encourage everyone who is financially able to take advantage of this initiative designed to help Sailors plan for their future," Ryan said. Like the civilian TSP program, military participation in the TSP will be managed by the Federal Thrift Investment Board. The Navy's role will be to help provide Sailors with information on the program, and to help them establish their initial TSP account through the appropriate personnel support office. Once their account has been established, members will correspond directly with National Finance Center in New Orleans to monitor and make investment changes to their TSP account.

For information on the TSP and its benefits, go to the TSP web site at http://www.tsp.gov. Service members will also be receiving forms and educational materials to help them make informed choices during the open season.

'Rock 'N' Roll Superstars' line-up begins to take shape for July 4 show

By JO1 Dean Lohmeyer NSF Public Affairs

The Diego Garcia MWR Department has completed negotiations with Premiere Production Services of Las Vegas to bring the "Rock 'N' Roll Superstars" show to Diego Garcia for numerous live performances throughout the

Independence Day period.

The tentative date for arrival of the group is June 25. In addition to two weeks of shows in the Island Room, the Legends will also perform a complete cast revue at the T-shed on July 4 to celebrate Independence Day.

This "Rock 'N' Roll Superstars" was put together for Diego Garcia residents by Michael Imming, of Premiere Production Services. "This incredible salute to musical mega-stars will feature tributes to eight of music's biggest luminaries," he said.

First up, is a visit from Jim Morrison, the lead singer from The Doors. Morrison will get the audience rockin' and singin' along with such Doors' classics *Touch Me*, *Hello, I Love You, Love Me Two Times* and *Light My Fire*.

Marilyn Monroe is the focus of the next portion of the show. Marilyn will sing classics like *I Wanna Be Loved By You, My Heart Belongs To Daddy*, with an unsuspecting "daddy" from the audience, and *Diamonds Are A Girls Best Friend*.

John Lennon and Paul McCartney, the heart and soul of The Beatles, are the



Joe Quinlan as Jim Morrison

next act scheduled. This '60s songwriting hit machine will perform highenergy versions of their number one songs I Saw Her Standing There, I Wanna Hold Your Hand, Nowhere Man and Twist And Shout.

Country crossover queen, Shania Twain will then take the stage to rock the crowd with her mega hits Honey I'm Home, Man I Feel Like A Woman and That Don't Impress Me Much.

Sir Elton John will then strut on stage to deliver smokin' versions of Philadelphia Freedom, Crocodile Rock and his rock anthem, Saturday Night's Alright (For Fighting). Before he closes his set, Elton will invite John Lennon back onstage to join him in singing their number one hit

LISA CASH AS CHER

Whatever Gets You Through The Night.

The next superstar on stage will be the gorgeous and hiliarious Cher. Cher will deliver superhits like I Got You Babe, featuring an unwitting "Sonny" from the audience, the *Shoop Shoop* Song and her '90s megahit Believe.

Madonna will then come out to sizzle through smokin' versions of her

Shaun Friedrichs as John Lennon

million-sellers Vogue, Express Yourself and Beautiful Stranger.

The Fabulous Blues Brothers will then take over the stage, running through R & B classics like Gimme Some Lovin', Soul Man, Sweet Home Chicago and Do You Love Me? In addition, The Blues Brothers will perform Land Of 1000 Dances, the Otis Redding classic, with the Backstage Production Dancers in hot pants and go-go boots.

The entire cast will then come on stage to help Jake and Elwood take the audience through an old-time revival meeting version of the Isley Brothers classic Shout.

This spectacular night will be accompanied by a rockin' six piece Las Vegas-style showband. The members of this accomplished orchestra are not only virtuosos on their respective instruments, but also add strong four part harmony vocals to support the Rock n' Roll Superstars show.

This high-energy show is augmented with the addition of two beautiful singer/dancers that add spectacular vocals, glamorous costuming and precise choreography to this talented cast, performing eight production numbers.

Directly after the show, the orchestra will kick the party into high gear by laying down the greatest party hits of the '50s, '60s and '70s. The audience will be entertained with live performances of Louie, Louie, Midnight Hour, Stayin' Alive, Born in The USA, Le Freak, and more. The orchestra, who will be joined by the show principals appearing in their non-tribute, costumed personalities, will rock the house for one or two more sets of riotous dance music.

This is just a sample of the entertainment that will be provided by the "Rock 'N' Roll Superstars". The shows will change from one day to the next, so the audience will be sure to see something fresh every time out.

This MWR-sponsored event is being provided at a cost of only \$70,000 for the show plus expenses (not including travel, hotel and food expenses). However, the shows will be free of charge to all island residents. Come on out and enjoy the shows!

Don't Miss Out on 'Any Day' 2001!

By the Navy Wire Service

WASHINGTON (NNS) - "All Hands" magazine has upped the ante this year. You now have a whole month to grab a camera and get that perfect shot for "All Hands" magazine's "Any Day in the Navy" issue. So, what's your excuse?

The photo shoot is designed to capture quality photos of Sailors, Marines, Department of the Navy civilian employees. Naval Reservists and family members at work and at play.

The best photos highlight daily tasks that contribute to mission accomplishment and quality of life, and show the richness of life in today's Navy. Some of the worst ones show people far in the distance, backs of heads, or members doing nothing in particular.

So, get close, try to get at least part of a face, and look for action. Please keep in mind that photos should illustrate how Sailors and Marines "work, live and fight."

To be considered, photos must be received at "All Hands" by June 15, 2001. Photos will not be returned.

For more information on submission requirements, please consult NAVADMIN 110/01 or the May 2001 issue of "All Hands" magazine, pages 14 and 15.

Submissions should be mailed to: "All Hands" magazine – Attn: Photo Editor, Naval Media Center, 2713 Mitscher Rd. SW, Anacostia Annex, DC, 20373-5819. Be sure to mark all packages: "Any Day submissions."

Digital images can be sent as .jpg files to the Chief of Information's Navy Visual News Service at *navynewsphoto@hq.navy.mil*. The subject line for all digital submissions should read: "Any Day submissions." Questions regarding the Any Day in the Navy photo shoot should be directed to the "All Hands" managing editor, JOCS(AW) Dave Desilets. Send e-mail to *desilets@mediacen.navy.mil*, or call DSN 288-2637, or (202) 433-2637.

Navy announces new requirements for next of kin documentation

By Michael McLellan NAVPERSCOM Public Affairs

MILLINGTON, Tenn. (NWS) – Navy officials recently announced a policy and procedure change designed to provide more rapid primary and secondary next of kin (PNOK and SNOK) notification whenever a Sailor is involved in an emergency situation.

Effective immediately, Sailors are required to add the names of PNOK/SNOK, addresses and telephone numbers to the DD 93 Record of Emergency Data or NAVPERS 1070/602 Dependency Application/Record of Emergency Data.

For more details, please see NAVADMIN 098/01. Additional guidance regarding listing next of kin information can be obtained from Ms. Sandy DuBois, Pers-621, Assistant Head Casualty Assistance branch at Navy Personnel Command at DSN 882-4299 or (901) 874-4299, or via e-mail at *Sandy.DuBois @pers net.navy.mil*.

Island Beat

The following are the scheduled events for May 14-27 as announced by MWR. Events are subject to rescheduling or cancellation, and times and dates may change after publication. Please contact MWR or the base gym for further details.

		Monday, May 14
0600	Aerobics Class	Base Gym
1730	Aerobics Class	Base Gym
1800	Tennis Class	Tennis Court "A"
1900	Aikido Class	Base Gym
		Tuesday, May 15
0600	Aerobics Class	Base Gym
1700	Yoga Class	M.O.T.
1730	Aerobics Class	Base Gym
1730	Tae Kwon Do/Self Defense Class	s Base Gym
1800	Tennis Class	Tennis Court "A"
	∇	Wednesday, May 16
0600	Aerobics Class	Base Gym
1730	Aerobics Class	Base Gym
1800	Tennis Class	Tennis Court "A"
1900	Aikido Class	Base Gym
	•	Thursday, May 17
0600	Aerobics Class	Base Gym
1730	Aerobics Class	Base Gym

1730	Tae Kwon Do/Self Defense Class	Base Gym
1800	Tennis Class	Tennis Court "A"
1800	Pool Tournament	HTSB
	F	riday, May 18
0600	Aerobics Class	Base Gym
1800	Tennis Class	Tennis Court "A"
1900	Aikido Class	Base Gym
1900	7 Degrees South	Yacht Club
2000	MOG Band Welcome Party	Island Room
	Sa	turday, May 19
0900	Snorkeling Class	Marina
1000	Yoga Class	M.O.T.
1300	Horseshoe Tournament	Tropical Park
1730	Aerobics Class	Base Gym
1800	Tennis Class	Tennis Court "A"
1900	A/P American Heritage Month	
	Karaoke Singing Contest	Fil/Mau Club
1900	7 Degrees South/Yacht Club Social	Yacht Club
2000	MOG Band	Island Room
	S	unday, May 20
1300	Windsurfing Competition	Marina
1700	Yoga Class	M.O.T.
1730	Aerobics Class	Base Gym
2000	MOG Band	Island Room
	M	onday, May 21
0600	Aerobics Class	Base Gym
1730	Aerobics Class	Base Gym
1800	Tennis Class	Tennis Court "A"
1900	Aikido Class	Base Gym
	Τι	uesday, May 22
0600	Aerobics Class	Base Gym
1700	Yoga Class	M.O.T.
1700	400m Freestyle Swim Competition	Base Pool
1730	Aerobics Class	Base Gym
1730	Tae Kwon Do/Self Defense Class	Base Gym
1800	Tennis Class	Tennis Court "A"
	Wed	dnesday, May 23
0600	Aerobics Class	Base Gym
1700	DGYC Sailing Regatta	Marina
1730	Aerobics Class	Base Gym
1800	Tennis Class	Tennis Court "A"
1900	Aikido Class	Base Gym
1900	MOG Band	Expat Club
	Th	ursday, May 24
0600	Aerobics Class	Base Gym
1630	Powerboat Class	Marina
1730	Aerobics Class	Base Gym
1730	Tae Kwon Do/Self Defense Class	Base Gym
1800	Tennis Class	Tennis Court "A"
1900	MOG Band	Expat Club
	F	riday, May 25
0600	Aerobics Class	Base Gym
1630	Powerboat Class	Marina

1800	Tennis Class	Tennis Court "A"		
1900	Aikido Class	Base Gym		
1900	MOG Band	Chief's Club		
1900	7 Degrees South	Yacht Club		
Saturday, May 26				
0900	Snorkeling Class	Marina		
1000	Yoga Class	M.O.T.		
1700	2-Person Team 6-mile Relay Run	Base Gym		
1730	Aerobics Class	Base Gym		
1800	Tennis Class	Tennis Court "A"		
1800	Uno Tournament	HTSB		
1900	7 Degrees South	Chief's Club		
2000	MOG Band	Island Room		
Sunday, May 27				
1100	Memorial Day Island Wide Picnic	Tropical Park		
	(Featuring the MOG Band and 7 Degrees South)			
1300	MWR Sailing Regatta	Marina		
1700	Yoga Class	M.O.T.		
1730	Aerobics Class	Base Gym		
1900	MOG Band	Island Room		